

# Health Information from the School Nurse

Winter brings with it many viruses that circulate in our schools. Allegheny County is seeing an increase in Covid-19, RSV and Influenza. Many times, it is hard to differentiate between the different types of respiratory viruses. Please see the chart below from the Mayo Clinic.

## Symptoms of COVID-19, RSV and Flu

	COVID-19	RSV	Influenza
Onset of symptoms	Gradual	Gradual	Sudden
Cough	Common	Common	Common
Diarrhea	Sometimes	Rare	Sometimes*
Fatigue or tiredness	Common	Sometimes	Common
Fever	Common	Common	Common
Headache	Sometimes	Common	Common
Loss of taste and smell	Common	Rare	Rare
Muscle or body aches	Sometimes	Rare	Common
Runny or congested nose	Common	Common	Common
Shortness of breath or difficulty breathing	Common	Sometimes	Rare
Sneezing	Common	Common	Common
Sore throat	Common	Common	Common
Vomiting	Sometimes	Rare	Sometimes*
Wheezing	Rare	Sometimes*	Rare

*Experts say the only way to confirm a diagnosis is with testing. No matter the symptoms, people should stay home when sick and seek medical help if they experience any trouble breathing.*

\*MORE COMMON IN CHILDREN

SOURCE: CDC, MAYO CLINIC



### Please keep in mind the following guidance when sending your child to school:

**Fever-** Student must be fever free for 24 hours without the use of fever reducing medication. A fever is considered a temperature of 100.4 or above.

**Vomiting/Diarrhea -** Student should stay home for 24 hours from the last time they vomit or have diarrhea.

**Covid-19-** Students must quarantine for 5 days. After the 5-day quarantine, masks are recommended for 5 days. Please contact the school nurse.

### Prevention- Encourage your child to:

Wash their hands frequently

Avoid touching their eyes, nose or mouth

Cough and sneeze into their elbow and use a tissue

Avoid close contact with people who are sick

# Hampton Township School District Kindergarten Registration and Grade 1 Registration for those new to Hampton Elementary Schools

2023-  
2024

## VIRTUAL REGISTRATION

Families are encouraged to begin the process as soon as they are ready and to complete it by February 3rd. Please register **ASAP**, so that the District can plan ahead for all students.

Central Elementary. . . . . (412-492-6320)

Poff Elementary. . . . . (412-492-6335)

Wyland Elementary. . . . . (412-492-6345)

Access [www.HT-SD.org](http://www.HT-SD.org)

Access About Tab

Access Moving to Hampton Tab

Access Register My Child Tab

Upload Completed Packets and  
Documentation to the Appropriate  
Elementary School.



## WHAT IS NEEDED

- 1) Birth Certificate
- 2) Immunization Record
- 3) Proof of Hampton Residency:
  - a) Closing papers, lease agreement, rent receipt, or residency form  
**AND**
  - b) Utility bill, cable bill, paid wage tax receipt, driver's license, guardianship form, court order, etc. (These items must have the same address as those listed under "a" above.)

### Entrance Requirements

#### Kindergarten

Five (5) years of age by  
August 15, 2023

#### Grade 1

Six (6) years of age by  
August 15, 2023



### Administration Office

4591 School Drive  
Allison Park, PA 15101  
Website: [www.ht-sd.org](http://www.ht-sd.org)  
412-486-6000

Michael R. Loughhead, Ed.D.,  
Superintendent



Rebecca J. Cunningham, Ed.D.,  
Assistant Superintendent

January 6, 2023

Dear Hampton Elementary School Families:

Please pass the word along to your friends and family – 2023 Kindergarten registration has begun!

Information regarding Kindergarten registration will be published in the local paper and placed on the HTSD Website ([www.ht-sd.org](http://www.ht-sd.org)). In the meantime, please spread the word to neighbors who may be new in the community or to those without children currently enrolled in the Hampton Elementary Schools. Registering on time is important so that the District can plan appropriately for the number of students who will be attending school in the fall.

Registration for Kindergarten and any first-grade students new to Hampton Schools will take place **virtually**. To register, please access the HTSD website [www.ht-sd.org](http://www.ht-sd.org). Within the District tab, click the “About” Tab. Access the “Moving to Hampton” tab. Once there, families will find instructions for 2023 Kindergarten registrations under “Register My Child.” Upload completed packets and documentation to the appropriate elementary school.

**All families are encouraged to complete the online registration process by February 3rd.**

Children ready to enter Kindergarten should be five years old by August 15, 2023. First graders should be six years old by August 15, 2023. A birth certificate or other acceptable evidence of birth and proof of Hampton residency (**closing papers, lease agreement, rent receipt or residency form AND utility bill, cable bill, paid wage tax receipt, driver's license, guardianship form, or court order**) are necessary before children can be enrolled. Proof of immunization is necessary as well.

Parents of children who do not meet the above-mentioned age requirements must submit a written request for early admission to the building principal by April 15, 2023. This request should state reasons why early admission to school is appropriate for the child, including information and test data from the school(s) he or she may have attended previously. Admission will be based upon the recommendation of the school in which the student seeks enrollment and the authorization of the Principal and Superintendent.

Thank you for sharing this important information with the Hampton Community. If you have any questions, please reach out to Central Elementary Principal, Dr. Amy Kern, at 412-492-6320; Poff Elementary Acting Principal, Dr. Michael Silbaugh, at 412-492-6335; or Wyland Elementary Principal, Dr. Laurie Tocci, at 412-492-6345.

Sincerely,

Rebecca J. Cunningham, Ed.D.  
Assistant Superintendent

/jwh



**Attention!**  
**5th Grade Parents**



## ***It is baby photo time!***

It is our tradition at Central Elementary School to include a baby photo of each 5th grader in our yearbook. Using TreeRing, this has never been easier. To upload your child's baby photo, first order a yearbook! Go to [www.TreeRing.com](http://www.TreeRing.com). You will be prompted to upload a photo during the ordering process.

No baby photo? No problem! Just try for a photo of your child under 4 years old. The best photo is a close-up on their face.

**Please upload your photo by April 14th!**

***Questions?***

**Contact Trish Buben at [tab190@gmail.com](mailto:tab190@gmail.com)**

# YOU



Need to Order the  
Central Elementary School, Allison Park  
Yearbook Today

## Customize Your 2 Free Pages

- Add photos from your computer, Facebook, Instagram, Google Drive & more.
- Answer fun Memory Questions to help remember the year.
- The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

## To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

- 1 Go to [www.treering.com/validate](http://www.treering.com/validate)
- 2 Enter your school's passcode:  
**1016188115863306**

Regular Price: **\$21.00**

\*Does not include sales tax, if applicable

Deadline: **Apr 21**

**TreeRing**



Dear Parents and Caregivers,

Your child is taking part in classroom lessons from **Common Sense Education's K-12 Digital Citizenship Curriculum**, designed to educate and guide young people to harness the power of the Internet and digital tools so they can become safe, responsible, and respectful digital citizens.

### WHAT IS DIGITAL CITIZENSHIP?

Digital media and technology is evolving at a rapid pace, bringing with it amazing opportunities as well as real risks for our children. On the positive side, young people are using the Internet and mobile technologies to create, connect, explore and learn in ways never before imagined. Challenges from harmful behaviors, cyberbullying to digital cheating, are surfacing in schools and in homes across the country. Young people face ethical challenges daily without a roadmap to guide them.

### WHAT COMMON SENSE EDUCATION TEACHES

The core message of the curriculum is one of empowerment: With powerful digital tools that allow for creation and communication comes great responsibility. The curriculum centers on 8 main categories based on the digital ethics research of Dr. Howard Gardner and The GoodPlay Project at the Harvard Graduate School of Education.

### WHAT FAMILIES CAN DO

**Common Sense Education** takes a whole-community approach to digital citizenship by providing parent resources to help you support your kid's learning. As we engage in these lessons in class, we will be sending home parent tip sheets, videos, and an occasional activity worksheet for you to do together with your kids. You can visit the Common Sense website at [www.commonsense.org](http://www.commonsense.org) for more parent resources.

Please feel free to contact us if you have any questions. Raising and educating young people in today's 24/7 digital media environment is one of the most exciting and overwhelming challenges that parents and schools face today. Working together with **Common Sense Education**, we can raise a generation of kids who become smart, responsible, and respectful digital citizens.

Sincerely,

*Mrs. Casey  
Library Media Specialist  
Central Elementary School*

To learn more about Common Sense Education's tools and resources, visit [www.commonsensemedia.org/educators](http://www.commonsensemedia.org/educators).



# EDUCATIONAL SAFETY MEETING FOR PARENTS

*Live Conversation*



**Tracy Leet, LCSW**

Adjunct Professor and Clinician

Educational discussion on Megan's Law registrants  
to address family safety protocols.

**01/17/23**



**7:00-9:00pm**

Hampton Community Center

**Hosted by:**

Hampton Police Department  
&  
Social Services Coordinator

Register on the Township of Hampton website

# Transform a life, and your own

## Hampton High School and Community Blood Drive

**WEDNESDAY, JANUARY 18**

**9 A.M. TO 7 P.M.**

**HAMPTON HIGH SCHOOL  
GYMNASIUM**

**2929 MCCULLY ROAD  
ALLISON PARK, PA 15101**

To make an appointment:

**Students:**

See Ms. Nelson, School Nurse

**Community members:**

Visit [vitalant.org](https://vitalant.org), then click on "Make an appointment" or  
"Donate" and search with group code

**HS010029** or call Kirsten Nelson at 412.492.6384.

**APPOINTMENTS RECOMMENDED**



Aiden and Lucy, both students at Hampton HHS, are battling serious diseases that require blood transfusions. Aiden was diagnosed with cancer, and Lucy with Chronic Inflammatory Demyelinating Polyneuropathy (CIDP).

These young fighters are facing their challenges head on and have partnered to host this blood drive in an effort to promote the need for blood donors. When you give blood, you are helping patients right here in our community.

Please make your  
appointment now!

For more information or to schedule a donation,  
call **412.209.7000** or visit us at [vitalant.org](https://vitalant.org)  
Find us @vitalant:   

**vitalant**  SM



# Hampton High School Girls Lacrosse

## Cupid's Pajama Party



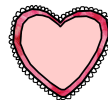
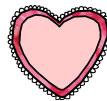
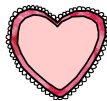
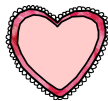
Bring your friends and come dressed in your favorite PAJAMAS to this fun-filled Valentine party complete with CUPID-CRAZY games and activities...and a delicious popcorn snack bar! Tell your mom and dad to take advantage and plan a date night out too!! Let us know ASAP if you're coming so we can save you a spot!!

**Friday, February 10th, 2023**

**Dropoff 6:00pm - Pickup 9:00pm**

**Middle School Cafeteria**

donation: **\$40.00** for one child (K-5th grade)/**\$75.00** for two siblings



Child's name: \_\_\_\_\_

Grade: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Elementary School: \_\_\_\_\_

Friend to be placed in same group: \_\_\_\_\_

Please make checks payable to Hampton Girls Lacrosse or venmo payment to Denise-Balason.

Forms/payment can be returned no later than **Friday, January 27th** to Chris Pryal at 4668

Windward Court, Allison Park, PA 15101. Questions? Contact Chris Pryal at [clpmo4@gmail.com](mailto:clpmo4@gmail.com).

\*please note: We would appreciate venmo payments as "payment between friends" to avoid venmo fees.

A picture of those completed forms can then be emailed to Chris Pryal. Thank you for supporting HHS Girls Lacrosse.



# PLAY SOCCER !

## HAMPTON SOCCER CLUB

SPRING 2023 REGISTRATION DETAILS:

**OPEN:** Monday January 16 at 8:00am

**CLOSE:** Monday January 30 at 11:59pm\*

*\*Please do not wait - wait-list (team roster restrictions) and late fees will apply after regular registration time period*

**Birth years  
2003 to 2018**

- Spring season runs from late March to early June (weather dependent)
- Fun, recreational competition; u11+ opportunities for more competitive 'Travel' experience (roster size / commitment dependent)

**[HamptonSoccerClub.org/registration](https://HamptonSoccerClub.org/registration)**

